



# Perinatal Behavioral Health Screening Videos Information



[bit.ly/KDHEresources](https://bit.ly/KDHEresources)

## Crisis Numbers

### National Maternal Mental Health Hotline

[mchb.hrsa.gov/national-maternal-mental-health-hotline](https://mchb.hrsa.gov/national-maternal-mental-health-hotline)

Call or text 1-833-852-6262  
(1-833-TLC-MAMA)

- 24/7 support available in English and Spanish
- TTY users can use a preferred relay service or dial 711 and then 1-833-852-6262

### 988 Suicide & Crisis Lifeline

If you or someone you know is experiencing a crisis, call 9-8-8 or go to the nearest emergency department

[988lifeline.org](https://988lifeline.org)

Call or text 988

- 24/7 support available in English and Spanish
- For Deaf + Hard of Hearing - For TTY Users: Use your preferred relay service or dial 711 then 988

# Resources

Continued

## Provider Resources

### Provider Consultation Line for Perinatal Behavioral Health

[kansasmch.org/psychiatric-consultation-care-coordination.asp](http://kansasmch.org/psychiatric-consultation-care-coordination.asp)

Call the warmline at 1-800-332-6262 or visit: [bit.ly/MCHRNform](http://bit.ly/MCHRNform)

*The warmline is staffed weekdays, 8:00 am-5:00 pm. If you call after hours, leave a voicemail with your name, contact information, and preferred timeframe for a callback and your call will be returned during business hours.*

## Toolkits

### Perinatal Mental Health Toolkit

[kdhe.ks.gov/520/Perinatal-Mental-Health](http://kdhe.ks.gov/520/Perinatal-Mental-Health)

- Additional patient resources, policy templates, and screening workflow algorithms
- Guidance for screening in public health and pediatric settings
- Information for billing depression screenings through KanCare
- Resources for paternal postpartum depression
- Sample screening scripts

### Perinatal Substance Use Toolkit

[kdhe.ks.gov/600/Perinatal-Substance-Use](http://kdhe.ks.gov/600/Perinatal-Substance-Use)

- Additional screening guidance, patient resources, policy templates, and screening workflow algorithms
- Printable forms for: release of information, screening refusal, and consent to communicate with medical providers
- Information for using the SBIRT process through KanCare