



# Kansas Maternal and Child Health Council (KMCHC) Meeting

Wednesday, July 14, 2021

Member Attendees		Absent	Visitors
Taylor Atwood Brenda Bandy Kourtney Bettinger, MD, MPH Kayzy Bigler Heather Braum Joe Caldwell Lisa Chaney Stephanie Coleman Mary Sunshine Delgado, APRN Drew Duncan Stephen Fawcett, PhD Geno Fernandez Cory Gibson, EdD Lisa Goins Kari Harris, MD, FAAP Morgan Hill Sara Hortenstine Elaine Johannes, PhD Peggy Kelly Jamie Kim, MPH Steve Lauer, MD, FAAP Elizabeth Lewis, MPA, MSN, WHNP-BC Shannon Lines Jennifer Marsh	Patricia McNamar, DNP, ARNP, NP-C Jill Nelson Brittney Nichols Maria O' Sullivan Susan Pence, MD, FAAP Brian Pate Katie Schoenhoff Christy Schunn, LSCSW Sookyung Shin Rachel Sisson Cassandra Sines Heather Smith Kasey Sorell Juliet Swedlund Simone Taylor Cora Ungerer Stephanie Wolf Donna Yadrich Daina Zolck	Rebecca Adamson, APRN Carrie Akin Dennis Cooley, MD, FAAP Julia Connellis Deanna Cummings Beth Fisher James Francis Terrie Garrison, RN, BSN Phil Griffin Rhonda Hutchinson Scott Latimer Brandi Markert Elisa Nehrbass Angela Oldson Cherie Sage Cari Schmidt, PhD Pam Shaw, MD, FAAP Sharla Smith Lori Steelman David Thomason Kelsee Torrez Kelly Totty Alice Weingartner Taryn Zwegardt	Adelaide Klutse Vivek Panchananam Jennifer Adhima Kinsey Anderson Kaitlyn Moore Pam Noble
<b>Staff</b>			
Mel Hudelson Connie Satzler Emily Bailey Paige Lewis			

Agenda Items	Discussion	Action Items
<b>Welcome &amp; Recognize New Members/Guest</b>	Dr. Harris welcomed everyone to the meeting. New members and guests introduced themselves.	
<b>Title V Block Grant Updates &amp; Notable Accomplishments</b>  KDHE Title V Team	<p>Heather Smith shared that the public input period will launch on Friday, July 16<sup>th</sup>. She asked KMCHC members to provide input and share the opportunity to provide feedback with their networks and showed members how to access the public input on the KDHE website and KMCHC websites. Links will be sent out to KMCHC. KDHE staff provided an overview of what is included in the Block Grant to help members understand how to navigate the document.</p> <p>Shannon Lines reviewed Kansas demographics included in the Block Grant and the State Highlights section. <b>Question:</b> Are special health care needs divided by diagnosis at all? <b>Answer:</b> There is some data, but the sample size is so small that it really isn't very helpful.</p> <p>Heather Smith gave an overview of the State Action Plan and what is included in this section of the Block Grant. This section provides information about who we are and what we do as a state in the area of child and maternal health. The Annual Report in the Block Grant includes information on the final year of the previous Action Plan and planning for the upcoming Action Plan.</p>	<b>Action Item:</b> <i>KMCHC members should provide input and share public input opportunity with networks and contacts.</i>
<b>Small Group Discussion by Domain &amp; Focus Area</b>		
<p><b>Small Group Discussion</b> (Small Groups: Adolescent, Child, Women and Maternal, and Perinatal and Infant)            Domain groups reviewed data trends for their populations and discussed the following:</p> <ul style="list-style-type: none"> <li>- What contributing factors may be associated with the trend you are seeing?</li> <li>- What emerging needs might impact this trend in the next couple of years? How might we address those?</li> </ul> <p>After the breakout, each group shared key points and action items discussed.</p>		
	<b>Data trend and contributing factor or emerging need</b>	<b>1-2 priority ways to advance plan activities</b>
<b>Adolescent</b>	Mental/behavioral health. Need to educate parents to advocate for their child's mental health and need to increase mental/behavioral health workforce for the whole family.	More giveaways; social media focus; partner with high schools & teachers, local pediatricians with sports physicals, and local boys and girls clubs; K-State extension curriculum training teenagers to advocate for themselves within their communities
<b>Child</b>	NOM 22.1. Decreasing vaccination rates. Vaccine hesitancy is on the risk.	NOM 22.2 Increase in flu shot vaccination. Look what has worked and apply. Consistent messaging, bringing partners together, and helping families know where to go for good information.
<b>Perinatal/Infant</b>	Social determinants of health; look at data disaggregated by race/ethnicity	Look at data that highlights disparities by race/ethnicity, Medicaid vs. non-Medicaid. COVID is highlighting gaps that already exist. Determine who within MCH system may be

		better equipped to help advance work (e.g., first responders, extension, libraries)
<b>Women/Maternal</b>	Social determinants of health: increase in stress, anxiety, and trauma, as well as lack of access to services including transportation, childcare, nutritious food, etc.	Continue to connect and collaborate around issues such as postpartum Medicaid extension. How can we increase access to affordable care and patient and provider education?

**\*See the Family Advisory Council summary of the same discussion at the end of these minutes.\***

**Member Announcements**

<i>Kari Harris, MD, FAAP KMCHC Chair</i>	<ul style="list-style-type: none"> <li>• The Bureau of Family Health now has a full home visitor program team and working towards establishing a universal home visiting (UHV) program.</li> <li>• Immunize Kansas Coalition has resources coming from Voices for Vaccines in time for National Immunization Month in August.</li> <li>• March of Dimes' Advocacy Action Center: Sign up to get alerts when there is legislation of interest. <a href="https://www.marchofdimes.org/advocacy/action-center.aspx">https://www.marchofdimes.org/advocacy/action-center.aspx</a></li> <li>• A new brochure is being drafted that will include newborn screening and other programs that families may encounter prenatally through early childhood. Contact <a href="mailto:shane.morris@ks.gov">shane.morris@ks.gov</a> - Screening &amp; Surveillance Education and Outreach Coordinator – if you have something to add to the brochure or suggestions.</li> </ul>
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<i>Future Meetings</i>	<p><b>2021 Meeting Dates:</b> October 13</p> <p><b>2022 Meeting dates:</b> January 12, April 13, July 13*, October 12</p> <p><i>*Subject to change</i></p>
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**Optional Session**

<p><b>School Based Health</b></p> <p><i>Maria O'Sullivan and Heather Smith</i></p>	<ul style="list-style-type: none"> <li>• Council members talked about what they see school-based health centers looking like and some of the background for getting where we are now with this initiative.</li> <li>• Dr. Pence shared about the school-based health care that is happening in SE Kansas.</li> <li>• There was discussion on including mental health in school-based health.</li> <li>• Kinsey Anderson reviewed the preliminary results of the School Nurse Survey. KDHE wants to build on the support that school nurses need to support students with school based health initiatives.</li> <li>• Any school-based health should keep in mind that students are stakeholders and can be a resource for getting things going. Also, this has to be a community collaboration with physicians, clinics and other partners.</li> <li>• Sustainability is important</li> </ul>
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**Family Advisory Council Meeting – Saturday, July 17, 2021**

*Sharing the input provided by the FAC after engaging in the same presentation/discussion questions with that group.*

<b>Agenda Items</b>	<b>Discussion</b>
<p><i>What trends stand out to you?</i></p> <p><i>What question(s) does any of this raise for you?</i></p> <p><i>What might have caused us to trend up or down? Or stay the same?</i></p> <p><i>What emerging needs might we need to consider in the coming year? How might we address those?</i></p>	<p><b>NOM 16: Adolescent Suicide/Death</b></p> <ul style="list-style-type: none"><li>• Adolescent well-visits are decreasing, increasing those well-visits can be an additional method to identify and address concerns in a timely manner.</li><li>• Suicide rate is concerning – large increase over the years in suicide rate.</li><li>• Very concerning. How do we encourage more people to enter the field of mental health; trouble filling these positions. How many of those with post-partum are adolescents?</li><li>• Would like to share this information with families, corporations, universities, and the workforce.</li><li>• Will this continue to rise as a result of COVID?</li><li>• School-based health centers in the middle and high schools could address this.</li><li>• Sedgwick – reached out to bring a program called “zero reasons why”; getting some traction; teen-lead program to erase the stigma associated with mental health issues (program).</li><li>• We must focus on the mental health piece.</li></ul> <p><b>NOM 23: Teen Births:</b> Notable decrease in the number of teen births is good to see.</p> <p><b>NPM 4/SPM 2: Breastfeeding:</b> Would like to see more women breastfeeding, and support for women who breastfeed across the state. However, noted that it was great to see the breastfeeding rates increasing. Education has helped to make it more acceptable when in public and more business that welcome breastfeeding and having rooms for nursing mothers, so they don’t have to use a restroom.</p> <p><b>NPM 6: Developmental Screening:</b> Worried that this is so low. Especially since many of the child care facilities are now doing the screenings.</p> <p><b>NPM 7: Child Injury:</b> Child injury increasing is alarming. More kids at home with working parents and not watched as closely during remote learning?</p> <p><b>NPM 8 Physical Activity:</b> High school kids are not getting enough physical activity. Physical activities during COVID remote learning/kids having more time on screens and video games.</p> <p><b>NPM 10: Adolescent Well Visits:</b> Why are the well-visits down? Is it because parents are unable to transport? Simply the fact that it’s not seen as important or something that needs to keep going thought the course of life?</p> <p><b>NPM 14: Smoking in Household:</b> Children who are living in households who smoke increased, does this including vaping because vaping is increasing too?</p> <p><b>NPM 15: Adequate Insurance:</b> Wonder what the FAC could do to help push Medicaid expansion? Could the number of people not insured have to do with poverty, COVID, and politics?</p> <p><b>SPM 1: Postpartum Depression:</b> With postpartum depression, are they doing a better job asking these questions? Many people on the call said they were never asked when their kids were born. Ask significant other/husband if they notice any changes in mom. Where do people go with that information if they notice something is wrong? Focus on efforts on dad educating other dads. Are there resources for family members of single moms that offer places to seek help?</p>

Agenda Items	Discussion
<i>General Comments</i>	<ul style="list-style-type: none"> <li>• We need to encourage more partnerships with schools and day care centers.</li> <li>• How do we inform about, or get more, mom/parenting groups throughout the state?</li> <li>• KPCC's need to acknowledge that anyone can take the prenatal education classes not just high risk/need.</li> <li>• Issue noted: There is a shortage of mental health providers; high burnout as a result of COVID.</li> </ul>
<i>More information requested</i>	<p><b>NOM 4: Low Birth Weight:</b> The increase in low birth weight deliveries is concerning. Would love to know how the poverty trend in our state is affecting those rates?</p> <p><b>NOM 5/6: Pre-/Early- Term Births:</b> What is the connection to:</p> <ul style="list-style-type: none"> <li>• Children who live in a household who smoke</li> <li>• Lack of prenatal care (this is a concern in the community) – is this why the non-Medicaid number are up?</li> <li>• Infant and mother mortality</li> </ul> <p><i>NOTE: Many comments throughout the session referred to the pandemic as a cause for the trends noted. While this is likely happening in many areas, the data is from BEFORE the pandemic began, so it's too soon to tell if that's the case.</i></p>
<i>Potential areas of interest for the FAC</i>	<ul style="list-style-type: none"> <li>• Adolescent Mental Health/Well Visits</li> <li>• Breastfeeding</li> <li>• Medicaid Expansion</li> <li>• Developmental Screening</li> <li>• Postpartum Depression</li> </ul>